

## Anna Friel's fix for saggy skin and the instant Pippa body... the cutting edge of cosmetic surgery

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We may live in straitened times but one luxury that women – and, increasingly, men – seem unwilling to cut back on is cosmetic surgery. Latest figures from the British Association of Aesthetic and Plastic Surgeons show demand has risen for every type of procedure – with more than 43,000 carried out last year. Here the experts describe the seven most requested new treatments...

### SAGGY SKIN TIGHTENING

THE TREATMENT: Fractora/INTRAcE<sup>l</sup>

**WHAT IS IT?** A hand-held device delivers radio-frequency (RF) waves via hair-fine needles that puncture the skin. This heats the lower layers, stimulating production of collagen – the protein that gives youthful firmness. Sometimes it needs to be performed under local anaesthetic.

Cosmetic surgeon Angelica Kavouni says: 'The Fractora system I use can help tighten bingo wings, jowls and bellies.' It also treats stretchmarks. Actress Anna Friel is among the celebrities who have admitted to using RF skin-tightening treatments on her face.

**DOWNSIDES?** Patients can be red and swollen for days. Plastic surgeon Charles Nduka says: 'There is little data on the long-term skin-tightening effects of any RF system and some barely show an effect at all.'

Dr Nick Lowe, who uses the INTRAcE<sup>l</sup> system, adds: 'Ask your doctor if the system they use has safer insulated needles so the heat is delivered accurately, and where the needles do not penetrate the skin at an angle, as this can possibly cause burns.'

**COST:** From £800 a session. Three treatments may be needed.

[drnicklowe.com](http://drnicklowe.com);  
[www.cosmetic-solutions.co.uk](http://www.cosmetic-solutions.co.uk)



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Actress Anna Friel has had radio-frequency skin-tightening treatment on her face



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For more information on INTRAcE<sup>l</sup>:

[perigee.com](http://perigee.com)  
844-737-4433